

Sacubitril/valsartan (Entresto)

For adults with heart failure and a reduced ejection fraction (HFrEF)

This two-in-one medicine reduces strain on the heart: valsartan blocks signals that narrow blood vessels and retain salt; sacubitril preserves protective hormone signals. It helps prevent hospital stays and death, even if you notice little immediate change. [\[2\]](#) [\[1\]](#)

Why heart-failure guidelines recommend it

PARADIGM-HF compared this medicine with enalapril 10 mg twice daily, an effective heart-failure drug, alongside usual care. Over a median 27 months:

Cardiovascular death or first HF hospital stay

Entresto	Enalapril
914 / 4,187 (21.8%)	1,117 / 4,212 (26.5%)

About 5 fewer people per 100 had cardiovascular death or a first HF hospital stay. Strong guideline recommendation. The trial selected people who tolerated both drugs during a run-in; personal benefit and tolerability vary. [\[1\]](#) [\[3\]](#)

Side effects: compare both groups

Selected reported adverse events

Event	Entresto	Enalapril
Low blood pressure	(18%)	(12%)
High potassium	(12%)	(14%)
Angioedema	(0.5%)	(0.2%)

PARADIGM-HF safety groups: 4,203 vs 4,229 people; median Entresto exposure 24 months. Rounded label percentages; exact counts not given. Run-in selection can understate real-world side effects. [\[2\]](#)

Using it safely

Take it. Usually twice daily; use your prescribed strength. If a dose is missed, take it when remembered unless the next is near; never double up.

36-hour safety gap. Wait at least 36 hours after the last ACE-inhibitor dose (such as lisinopril) before Entresto. The same gap applies when switching back. No extra ARB. Avoid aliskiren if you have diabetes.

Blood tests / urgent help. Arrange blood-pressure, potassium and kidney checks. Review NSAIDs and potassium supplements. For face/throat swelling, stop and seek emergency care. If pregnancy occurs, stop and contact your prescriber promptly. Avoid breastfeeding. Report prior angioedema before starting.

[\[2\]](#)

What might I pay out of pocket?

US comparison examples; not a personal coverage quote

Payment route	Price, supply and conditions
GoodRx cash / coupon	About \$39.23 / 30 days: generic 49/51 mg, 60 tablets. Advertised table estimate; local quotes vary. [4]
Blueberry Pharmacy cash	\$40.59 / 90 days: generic, any strength, 180 tablets; \$44.58 with \$3.99 nonmember shipping. Equivalent to \$14.86/month; requires a 90-day fill. [5] [10]
Typical insured benchmark	Employer-plan average copays: \$12 / \$40 / \$71 for tiers 1 / 2 / 3 (2025; plans with 3+ tiers). Not this drug's copay; check your tier and deductible. [9]
Medicare standard-benefit example	Brand Entresto: \$73.75 / 30 days = 25% of the \$295 negotiated drug price, after the deductible and before the annual cap; dispensing fees excluded. Your plan and generic prices may differ. [6] [7]
Medicare Extra Help	If eligible: generally up to \$5.10 generic / \$12.65 brand per prescription; some pay less. [8]

US prices checked September 5, 2026. Part D: deductible at most \$615; \$2,100 yearly out-of-pocket cap across covered Part D drugs, excluding premiums. Cash discounts used instead of Part D do not count toward its deductible/cap. Compare your pharmacy quote before filling.

Entresto's former manufacturer Co-Pay Program is discontinued.

[\[12\]](#) [\[8\]](#) [\[11\]](#)